



# Loyola Marymount University

## 2000 CROSS COUNTRY

WEEKLY RELEASE

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LMU Athletic Media Relations • 7900 Loyola Boulevard, Los Angeles, CA 90045-8235 • (310) 338-7638 • FAX (310) 338-2703 • www.LMULions.com

### 2000 LMU Schedule & Results

Date	Event/Location	Time/Results
<b>September</b>		
2	at Cal State Fullerton Invitational Carbon Canyon Regional Park - Brea	M - 10th of 11 W - 12th of 13
9	at University of San Diego Invitational Morley Field	M - 6th of 7 W - 5th of 6
16	at Aztec Invitational San Diego State University	M - 10th of 14 W - 14th of 18
23	at UC Riverside Invitational Riverside, CA	M - 14th of 21 W - 17th of 20
30	at Stanford Invitational	3:45 p.m.
<b>October</b>		
7	at 23rd Annual Hometown 10K Manhattan Beach, CA	7:30 a.m.
14	at Bronco Invitational Crystal Springs Course - Belmont, CA	M - 5th of 6 W - 6th of 6
28	at West Coast Conference Championships Crystal Springs Course	M - 7th of 8 W - 8th of 8
<b>November</b>		
11	at NCAA Division I West Regionals	All Day

**HEAD COACH:** Scott Guerrero

**ASSISTANT COACH:** Laura Cattivera White

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## LMU at NCAA District 9 Regional Championships

Saturday, November 11, 2000 -- 10:00/11:00 a.m.

Woodward Park -- Fresno, Calif.

### Up Next

The Loyola Marymount men's and women's cross country teams will conclude their 2000 racing season at the NCAA District 9 Regional Championships this Saturday, Nov. 11 at Woodward Park in Fresno, Calif. The women will compete in a 5,000-meter race at 10:00 a.m. before a men's 10K at 11:00 a.m. The top two men's and women's teams in Fresno will automatically qualify for the NCAA Championships in Ames, Ia., on Nov. 20. An additional 13 teams from throughout the country will receive at-large births to the NCAA's on Nov. 13.

### Last Time Out

The Lions began their postseason competition at the West Coast Conference Championships, Oct. 28 in Belmont, Calif. Senior Michael Cortez led the LMU men at the WCC's for a third straight year, clocking in at 27:48 (19th place). On the women's side sophomore Erin Junkin paced LMU, crossing the finish line 21st in a time of 20:20.

### LMU 2000 ROSTER

Name	Yr-Exp	Hometown (Previous School)
<b>MEN</b>		
Chris Brown	Fr-HS	Kansas City, MO (Rockhurst HS)
Michael Cortez	Sr-3V	Brea, CA (Brea Olinda HS)
Mark D'Amico	Sr-3V	Rancho Palos Verdes, CA (Peninsula HS)
Edward Giron	So-1V	Los Angeles, CA (Daniel Murphy HS)
Justin Goodkind	So-HS	Folsom, CA (Jesuit HS)
Joey Hawkins	Jr-2V	Rolling Hills, CA (Chadwick HS)
Mark Siegfried	Sr-3V	San Jose, CA (Bellarmine HS)
Warren Sutton	So-1V	La Canada, CA (La Canada HS)
Matt Trinca	Sr-3V	Sacramento, CA (Jesuit HS)
Arthur Wypchlak	So-1V	Valley Village, CA (Providence HS)
<b>WOMEN</b>		
Jenny Atkinson	Jr-TR	Torrance, CA (El Camino CC)
Maria Degitz	Fr-HS	Clearwater, FL (Central Catholic HS)
Brianna Heisey	Jr-1V	Tucson, AZ (Salpointe Catholic HS)
Erin Junkin	So-HS	Portland, OR (Sunset HS)
Christina Lowery	Fr-HS	Diamond Bar, CA (Diamond Bar HS)
Kristin Mahaney	Sr-TR	Elk Grove, CA (Gonzaga Univ.)
Heather Montgomery	Fr-HS	Thousand Oaks, CA (Viewpoint School)
Alie Moody	So-1V	Spring, TX (Klein HS)
Christy Nangle	Jr-1V	Anchorage, AK (Robert Service HS)
Tracey O'Donnell	Sr-3V	Irvine, CA (Mater Dei HS)
Traci Pantuso	Sr-2V	Laguna Beach, CA (Kentridge HS)
Kristi Patton	Sr-3V	Newport Beach, CA (Mater Dei HS)
Holly Turney	Sr-3V	Tucson, AZ (Salpointe Catholic HS)

**EVENT STANDINGS**

West Coast Conference  
Championships  
Belmont, Calif.  
October 28, 2000

**Men - 8 Teams**

1. Portland	25
2. Santa Clara	52
3. San Diego	107
4. Saint Mary's	129
5. Gonzaga	138
6. Pepperdine	142
7. Loyola Marymount	169
8. San Francisco	198

**Women - 8 Teams**

1. Portland	23
2. Gonzaga	40
3. Pepperdine	105
4. Santa Clara	111
5. Saint Mary's	144
5. San Francisco	144
7. San Diego	180
8. Loyola Marymount	190

**LMU TOP RESULTS**

West Coast Conference  
Championships  
Belmont, Calif.  
October 28, 2000

**Men (8K)**

19. Michael Cortez	27:48
21. Eddie Giron	27:52
38. Justin Goodkind	29:21
44. Mark Siegfried	29:50
47. Chris Brown	30:10
49. Mark D'Amico	30:59
50. Warren Sutton	31:02

**Women (5K)**

21. Erin Junkin	20:20
27. Traci Pantuso	20:29
44. Jenny Atkinson	21:27
45. Heather Montgomery	21:31
46. Kristin Mahaney	22:09
53. Kristi Patton	22:33
54. Holly Turney	22:48
56. Brianna Heisey	23:50

**PR's Abound at WCC Championships**

A number of Lions saved their fastest performances for the postseason, setting personal or season bests at the West Coast Conference Championships. Senior Michael Cortez established a new PR of 27:48 while notching the highest conference finish (19th) of his four-year career. Meanwhile sophomore Eddie Giron continued his trend of strong performances on the Crystal Springs Course in Belmont, running the fastest race of his career (27:52) and placing 21st overall. Lifetime bests were also carded by sophomore Justin Goodkind and freshman Chris Brown. On the women's side, sophomore Erin Junkin, in her first year of competitive cross country racing, lowered her PR by nearly a full minute to 20:20 at the WCC's. Senior team captain Traci Pantuso picked an opportune time for her fastest time of the 2000 season, placing second on the team in 20:29. The future looks bright for Loyola Marymount cross country as freshman Heather Montgomery lowered her lifetime best for a second straight meet to 21:31.

**NCAA Regional History**

After a lengthy hiatus from NCAA Regional competition, Head Coach Scott Guerrero began sending his Lions to the District 9 Championships when he took over the program in 1998. Last season the Loyola Marymount men enjoyed a 21st place finish while the Lion women finished 26th overall, led by senior Malinalli Martinez's respectable 65th place effort of 19:31 in Portland, OR. Mary Corrigan notched the highest NCAA Regional finish in LMU history, crossing the finish line 51st overall in 1984 (19:20). That same year Richard Vicain set the standard for Lion men's racers, finishing 86th in a time of 35:14.

**1999 Season Review**

The Lions showed marked improvement last season under Head Coach Scott Guerrero. The LMU women placed seventh at the West Coast Conference Championships, up one spot from 1998, and went on to a 26th place showing at the NCAA West Regionals in Portland, Ore. On the men's side, Loyola Marymount also placed seventh at the conference meet, and then finished 21st at the Regional meet. The Lion men excelled in the classroom as well as on the course as they earned the highest team GPA among all 17 intercollegiate sports at LMU. In addition, three Loyola Marymount racers -- current seniors Michael Cortez and Mark Siegfried and departed women's racer Bevin Steensen earned WCC All-Academic honors.

**LMU Head Coach**

Scott Guerrero is in his third year as the leader of the Lions. Guerrero, also a distance runner, brings change and enthusiasm to a program that has not had a top three finish in the WCC since 1991 for the men, and 1985 for the women. A 1990 graduate of Tulane University, Guerrero also earned a master's degree in education from Cal State Dominguez Hills. He will be assisted this season by Laura Cattivera White, a former Olympic Trials qualifier and All-American runner at Princeton.

**At the Touch of a Finger...****Contact Us...**

For more information on the team, scores, schedule, opponents, or upcoming athletic events please contact:  
Cross Country SID (310) 338-7638  
LMU Athletics Hotline (310) 338-LION

**Ticket Information...**

There are no home events scheduled for LMU's cross country team this year. Ticket information and availability can be obtained by contacting the host university of that week's event.

**Watch LMU's Website...**

If you can't catch a game, be sure to look for scores, player information, rosters, biographies and more on LMU's website at: <http://www.LMULions.com>

**The Latest On The WCC...**

Be sure to keep up with all of the exciting West Coast Conference action. Log onto the conference web site at: <http://www.wccsports.com>

**Interview Policy...**

LMU practice sessions are open to the public. Coach Guerrero and athletes will be available for interviews following practice **ONLY**. Interviews will **not** be granted on **RACE DAYS** or prior to any practice session.

**Practice Schedule...**

The LMU Cross Country team practices from 5 to 7 p.m. Monday thru Friday.

**2000 Top Times****Men (8k)**

1. Mark Sigfried (at UCR Invite - 9/23)	27:42
2. Michael Cortez (at WCC Champ. - 10/28)	27:48
3. Eddie Giron (at WCC Champ. - 10/28)	27:52
4. Justin Goodkind (at UCR Invite - 9/23)	29:03
5. Joey Hawkins (at CSUF Invite - 9/2)	29:39

**Women (5k)**

1. Jenny Atkinson (at UCR Invite - 9/23)	19:48
2. Traci Pantuso (at Bronco Invite - 10/14)	20:41
3. Erin Junkin (at WCC Champ. - 10/28)	20:20
4. Heather Montgomery (at WCC Champ. - 10/28)	21:31
5. Maria Degitz (at CSUF Invite - 9/2)	22:13